

Pre-Placement Information for Young Women:

Clare Lodge is 7 miles away from Peterborough. The Home is comfortable and well furnished. You will have your own bedroom and live with up to three other young women in one of four lounges.

The other young women come to the Home from all parts of the U.K. for many different reasons. Most initially are a little worried about not being allowed out but soon settle.

It will take you some time to get to know all of the staff at the Home. You will have a key-worker who will take a special interest in you, and make sure you have everything you need whilst living at Clare Lodge.



School: Clare Lodge has a school on site for you to attend. Whilst at school you can catch up on missed work, take exams, work on computers.

Smoking: The Home is "no smoking" for everybody - so if you smoke, now's a good time to give up.



Visits / Telephone Calls: We want you to keep in contact with people important to you providing they do not cause you harm. Free telephone calls can be made to your family, your social worker, solicitor, or advocate after school every evening.

You can also have visits from family and others who are important to you providing these are arranged with the staff in advance.

Money Matters: You will get £10

pocket money each week, £50 per month for clothing, another £20 per month for toiletries, and a £50 bonus on your birthday. If you're still here at Christmas you will get another £150.00.

Your Rights: Each week an advocate from VOICE (an organisation independent of Clare Lodge) visits to give young women the opportunity to discuss any aspects of their care they may be unhappy with. This person will help you resolve matters, or make a complaint.

The Home has a "Council" for young women, and newspaper "kidformation" which is produced in the school.

Health: Clare Lodge has its own G.P. Nurse, and other staff to look after your health. If you wish you can also talk with staff who can give advice on drugs, sex, and alcohol.



Keep Fit: Clare Lodge has a large gym and a fitness room. The Home also uses a Personal Trainer who can advise on exercise and diet.

More Information: This sheet can only give you a very brief idea about Clare Lodge. We will give you more information when you arrive. Remember give the Home a try. All the staff are friendly and want to help you. You never know - you might like it.

